



DANGER SIGNS

Please call the office during regular business hours if you experience any of the following:

- Pain or burning with urination.
- Blood in the urine.
- A bad headache that doesn't go away with rest and Tylenol.
- Blurry vision, spots in front of your eyes, or dizziness that doesn't go away with rest for a few minutes.
- Excessive swelling in the face, hands, or eyes.
- Vaginal bleeding like a period.
- Regular and persistent uterine cramping or you think you are having labor pain (tightening or the "baby balling-up" which hurts in your abdomen or back and happens at least six times an hour)
- A gush of clear fluid from the vagina.
- A persistent fever of greater than or equal to 101 degrees Fahrenheit.
- Severe nausea and vomiting or diarrhea and the inability to tolerate any food or fluids for at least 24 hours.
- Leg pain, especially if your leg is hot or red.
- Your baby is not moving as much as usual and you have tried drinking cold water or drinking juice and laying down for about an hour.

AFTER OFFICE HOURS:

In the event that you are experiencing any of the symptoms above and we are closed please go immediately to Memorial Miramar Hospital, Memorial West Hospital or your nearest hospital.